

How to access the Access EAP service and schedule an appointment for EAP counselling.

Professional counselling is a key service at Access EAP.

Access EAP guarantees that you will have access to confidential counselling support 24 hours a day, 7 days a week.


Emergency support - Manned phone lines available 24 hours, 7 days per week, 365 days per year.

You can book **Access EAP** counselling session via **Phone - 1800 818 728.**

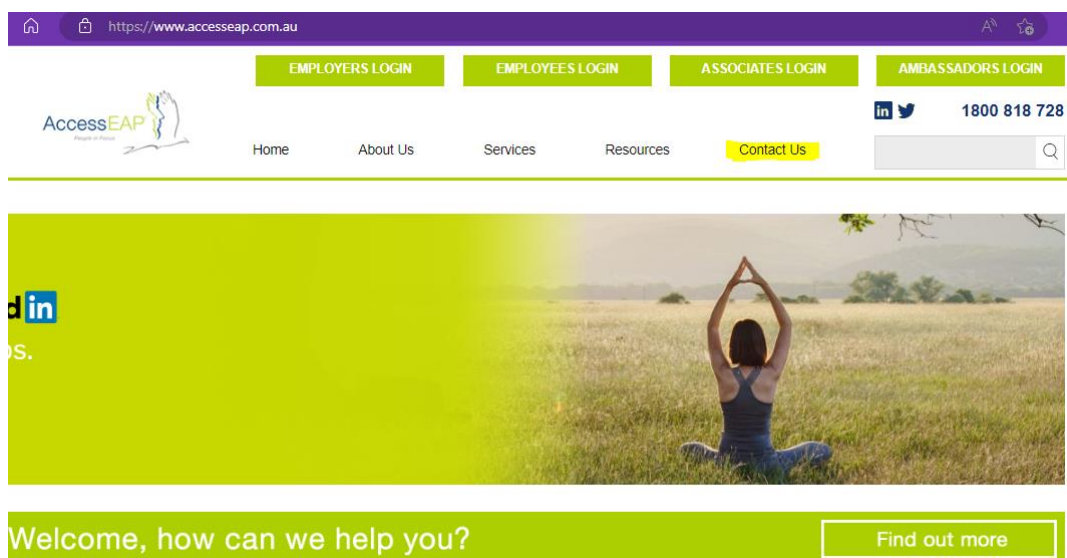
Or

Book an appointment from the **Access EAP website:** www.accesseap.com.au

Step 1. Open Access EAP website:

 <https://www.accesseap.com.au>

Step 2. Select **Contact Us**



The screenshot shows the Access EAP website homepage. At the top, there is a navigation bar with the Access EAP logo on the left and four login buttons: EMPLOYERS LOGIN, EMPLOYEES LOGIN, ASSOCIATES LOGIN, and AMBASSADORS LOGIN. Below the navigation bar, there is a main menu with links for Home, About Us, Services, Resources, and Contact Us. The Contact Us link is highlighted in yellow. To the right of the main menu, there are social media icons for LinkedIn and Twitter, and the phone number 1800 818 728. Below the main menu, there is a large banner image of a person sitting in a field with their hands raised in a yoga-like pose. At the bottom of the banner, there is a green bar with the text 'Welcome, how can we help you?' and a 'Find out more' button.



Step 3. Select Make an Appointment for EAP Counselling

AccessMyEAP



[Our Service Locations](#)

[Our Board](#)

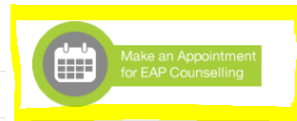
International Contact Information

From the list of regions below, please select the country you are calling from.

Alternatively you can contact via email at info@accesseap.com.au.

[ASIA PACIFIC](#)

[EUROPE](#)



Step 4. Complete Counselling request and Book an Appointment

EMPLOYERS LOGIN
EMPLOYEES LOGIN
ASSOCIATES LOGIN
AMBASSADORS LOGIN

in t 1800 818 728

Home
About Us
Services
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HOME

A NEW WAY TO ACCESS SUPPORT

Counselling Request - Book an Appointment

For urgent counselling request, please call 1800 81 87 28.

Whatever the nature and extent of your concern, feel free to call us. Simply provide some basic details about yourself and we will offer you a confidential appointment with a counsellor at a time that suits you. We are available 24/7 to provide immediate help for urgent matters.

First Name (*)

Last Name (*)

Gender (*) Male ▼

Age Group (*) Under 25 ▼

Contact Number (*)

Email Address (*)

Post Code (*)

Preferred Counselling Location (*)

SERVICES

Individuals in Focus

- Counselling Services (EAP)
- Student Assistance Program (SAP)
- Carer Assistance Program (CAP)
- Member Assistance Program (MAP)
- Volunteer Assistance Program (VAP)
- Specialist Consultation and Counselling

Organisations in Focus

- Critical Incident Management
- Restructure and Redundancy Support
- Onsite Support
- Mediation and Conflict Management
- Coaching Services
- Professional Supervision
- Wellbeing Programs
- Career Transition

