

# AccessEAP Website, your valuable resource



## Employee Login Information

Your company has chosen AccessEAP as your Employee Assistance Program (EAP) provider. Your employer is committed to improving your wellbeing and recognises that you are one of their greatest assets.

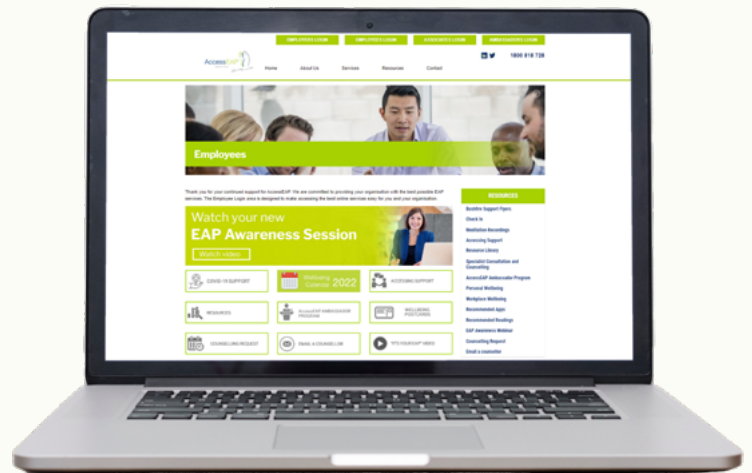
### AccessEAP Website offers:

1. Latest mental health news
2. Useful links on many specialist topics
3. AccessEAP newsletters
4. Online self-assessment tools

As a valuable employee, you have access to the password-protected [Employee Login Area](#).

### The Employee Login Area offers

1. Practical self-help fact sheets developed by our Senior Counsellors
2. Relaxation and Meditation Recordings
3. Recommended Readings & Apps
4. Complimentary EAP Awareness Webinar



### How to login to the Employee Login Area for the first time:

1. Go to [accesseap.com.au/employees](https://accesseap.com.au/employees)
2. click on '[Create an account](#)' and follow the instructions to setup the account.

\* The AccessEAP website recognises your company email domain i.e. **@companyname.com**

Accessing the AccessEAP password protected area is confidential and your login details will be kept in the strictest confidence.

We hope you enjoy browsing the site, finding more options and information each time you visit. If you encounter any difficulties on the site, please contact us at: [info@accesseap.com.au](mailto:info@accesseap.com.au)

